



1st EU CITY LAB ON LOCAL FOOD SYSTEMS

Changing Habits for a Healthy and Sustainable Food System

Mouans-Sartoux, France
21-22 March 2024

URBACT



Co-funded by
the European Union
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20 March 19.00–21.00: Let's m-eat!
Get to know your fellow colleagues

Thursday 21 March

08.30–09.30: Welcome breakfast
Registrations & informal networking 

09.30–09.45: A look at the menu of discussions
for the two days

09.45–10.15: A systemic approach to local food
transition: the IPES-Food framework

10.15–10.45: The European landscape on food

10.45–11.30: Mouans-Sartoux's recipe for more
sustainable food habits



11.45–13.00: Spicing up the menu
More good practices across Europe



14.30–17.30: Time to burn calories!

Walkshops to Mouans-Sartoux's farm, school
canteens, food education space, urban garden

19.00: 

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Milk



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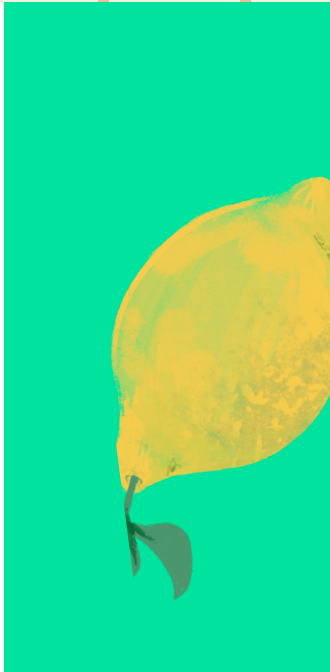
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Friday 22 March

08.30-09.30: Welcome breakfast
Registrations & informal networking 

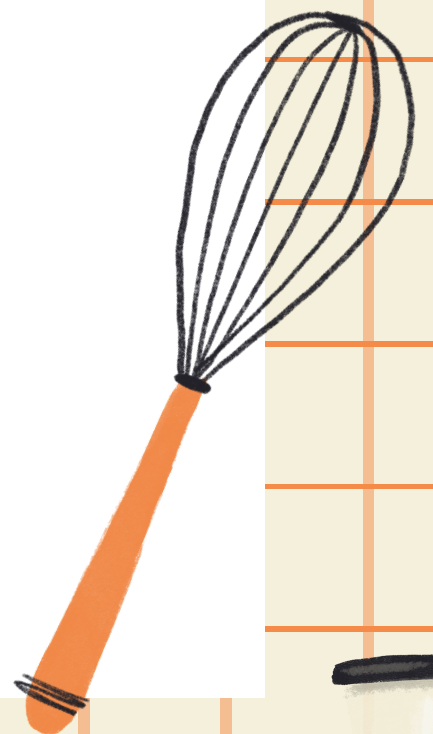
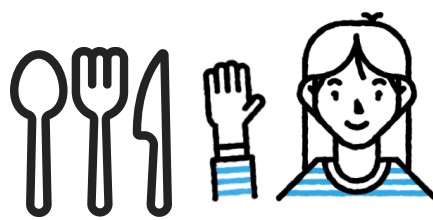
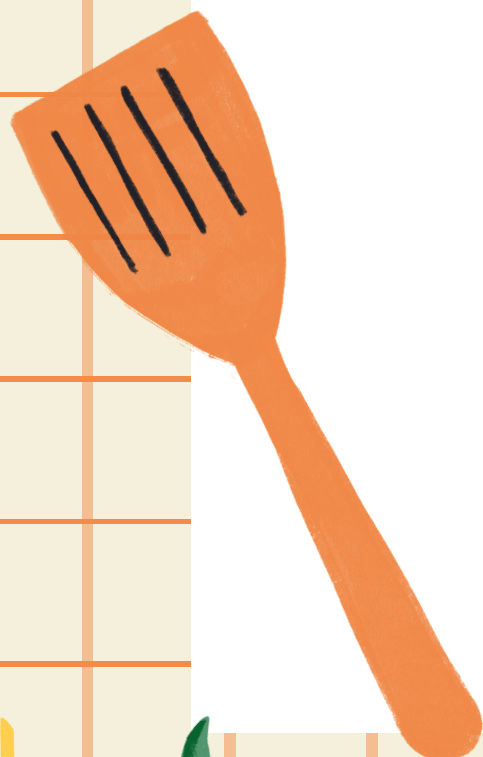
09.30-09.45: What's in our basket?
Debrief from day 1 debates/site visits

09.45-11.30: Mixing up the ingredients
Spotlight on selected practical approaches,
tools and methods to food habits' transformation



11.45-12.45: Filling in the doggy bag:
What to bring back home

12.45-13.00: The cherry on the top 
Next networking & funding opportunities



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What to expect?

A deep dive to Mouans-Sartoux's practices

Not a conference!

A safe space for discussions and knowledge sharing amongst 80 participants

Inspiration, practices and tools to test back home

With whom will you be talking?

Representatives from different European cities

Farmers

Chefs

Staff from school canteens

Elected officials working on the topic



How to participate?

Register here
by 7 March!



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